

ROSACEA/RED SKIN

<p>DO-IT-YOURSELF SKIN ANALYSIS Find Your Skin Care Type: Are You?</p> <p>A <u>Minimalist</u> Who Wants Improved and Protected Skin, or</p> <p>A <u>Perfectionist</u> Who Wants Perfected and Protected Skin</p> <p>Red skin is an inflammatory condition that affects the skin's pores as blood vessels close to the skin surface expand, dilate & then swell, causing the skin to redden. Red skin is mainly triggered by the sun but also from stress, spicy foods & drinks (eg, alcohol, coffee), exercise, allergies, hormone changes, or drastic changes in temperature from hot to cold. Red skin differs from the condition called rosacea.</p> <p>Rosacea is characterized by bumpy-skin-like acne or a red patch that can become puffy. Tip: T4 At Home 10% Mandelic Face Peel once a week reduces the acne-like rosacea break-outs & red skin condition. Overtime, this peel will help control skin redness & keep it from progressing.</p> <p>No alpha hydroxy peel can reduce the tiny dilated blood vessels characteristic of red/rosacea skin. Sunlight and ultraviolet (UV) radiation are the main causes for the tiny blood vessels on the skin's surface to dilate and become red. Little broken blood vessels and red spots often appear interspersed. Tip: use T4 No More Red Skin-Surface Bumps-Spider Veins for broken blood vessels. It immediately reduces the appearance of red skin & curtails inflammation that creates surface bumps.</p> <p>Your skin can begin to self-repair from red skin conditions. Tip: use our T4 10% Mandelic Face Peel weekly and wear T4 sun block 365 days a year (even if the sun is not shining!). Sun block curtails red /rosacea skin inflammation caused by sun radiation that accelerates aging. UVA radiation also damages the skin's collagen &</p>	Step	Skin Care Minimalist
	M1 Cleanse	T4 Alpha and Beta Hydroxy
	M2 Tone	T4 Oxygenating Antioxidant Face Gel
	M3 Apply	T4 No More Red Skin- Surface Bumps- Spider Veins
	M4 Lighten	T4 Sun Spot and Age Spot Remover for brown or sun spots
	M4 Moisturize	T4 Collagen Boosting Face Repair Crème with Resurfacing Retinol & Vitamin C or T4 Dry & Damaged Wrinkle Lifting Peptide Crème
	M5 Protect	T4 SPF 30 Natural Mineral Eye & Face Moisturizer or T4 SPF 30 Vitamin C-Oil Free Day Moisturizer
	Step	Skin Care Perfectionist
	P1 Cleanse	T4 Alpha and Beta Hydroxy
	P2 Tone	T4 Oxygenating Antioxidant Face Gel
P3 Apply	T4 No More Deep Wrinkles or Anti-Wrinkle Cell Revitalizer or Six Peptides Extreme Line Filler for deep facial wrinkles (Like Botox in a Bottle) or Triple Peptide Complex	
P4 Apply	T4 No More Red Skin-Surface Bumps-Spider Veins	
P5 Lighten	T4 Sun Spot and Age Spot Remover for brown or sun spots.	
P6 Plump	T4 Face Boost to plump sagging skin-	
P7 Apply	T4 No More Dark Circles/ Puffy Eye Crème for eye perfection	
P8 Resurface	T4 Extreme Retinol Treatment Crème or 20% Vit C Serum to resurface damaged skin and provide antioxidant protection	
P9 Moisturize	T4 Dry & Damaged Wrinkle Lifting Peptide Crème	
P10 Protect	Protect with T4 SPF 30 Natural Mineral Eye & Face Moisturizer or SPF 30 Vitamin C-Oil Free Day Moisturizer	

elastin fibers, and causes red skin, wrinkles & skin cancer. Titanium and zinc oxides used in our T4 SPF 30 protectors are healing ingredients known to reduce red skin conditions.

P11 Mask

T4 Oxygen Revitalizing Mask w/
Copper Peptide Complex
2-3 a week---**Recommended**-T4 10%
Mandelic Peel one time per week

