

Dry/Sun Damage

DO-IT-YOURSELF SKIN ANALYSIS Find Your Skin Care Type: Are You?

A **Minimalist** Who Wants Improved and Protected Skin, or

A **Perfectionist** Who Wants Perfected and Protected Skin

Sun damaged & aging skin characterized by mutations in new developing skin cells that appear as hyperpigmentation, brown/age spots, freckled patches, sun spots & actinic keratosis (red spots).

Skin is uneven and/or blotchy (red or brown tone) due to sun over-exposure. **Tip: T4 20% C Treatment w/ B, E & Ferulic brightens, evens & provides future free radical protection.**

Wrinkles may be deep or fine or both. Deep wrinkles across the forehead or along the sides of the face. **Tip: T4 Peptide Treatments with “mini proteins” are active molecules that produce new collagen & remove damaged collagen from scar tissue. T4 Peptide Treatments signal your skin to make more collagen.**

Wrinkles of fine-hack-crossed lines on the sides of the face, near the eyes & temples, in skin that is dry and dehydrated. **Tip: T4 Extreme Retinol Crème** resurfaces molted skin & lines. For extremely de-hydrated skin, apply **T4 Dry & Damaged Peptide Creme**. A decrease in your skin’s ability to produce hyaluronic acid decreases water content within the cells and the ability to lubricate elastin, collagen fibers & living cells. **T4 Anti Wrinkle Cell Revitalizer** reverses this condition so the skin can begin to self-repair from past sun damage, dryness & wrinkles. **Tip: Commit to weekly use of T4 15% Glycolic Face Peel and wearing a T4 sun block 365 days a year (even if the sun is not shining!).** Sun block curtails inflammation caused by sun radiation that accelerates aging. UVA radiation does more damage to the skin’s collagen & elastin fibers, and generates wrinkles & skin cancer.

Step	Skin Care Minimalist
M1 Cleanse	T4 Alpha & Beta Hydroxy
M2 Tone	T4 Oxygenating Antioxidant Face Gel
M3 Apply	T4 Sun Spot and Age Spot Remover for brown or sun spots
M4 Moisturize	T4 Collagen Boosting Face Repair Crème with Resurfacing Retinol & Vitamin C or T4 Dry & Damaged Wrinkle Lifting Peptide Creme
M5 Protect	T4 SPF 30 Natural Mineral Eye & Face Moisturizer or SPF 30 Vitamin C Moisturizer
Step	Skin Care Perfectionist
P1 Cleanse	T4 Alpha & Beta Hydroxy
P2 Tone	T4 Oxygenating Antioxidant Face Gel
P3 Apply	T4 No More Deep Wrinkles or Anti-Wrinkle Cell Revitalizer or Six Peptides Extreme Line Filler for deep facial wrinkles (Like Botox in a Bottle) or T4 Triple Peptide Complex
P4 Lighten	T4 Sun Spot and Age Spot Remover for brown or sun spots
P5 Plump	T4 Face Boost Plumper for sagging -de-hydrated skin-
P6 Apply	T4 No More Dark Circles/ Puffy Eye Crème Treatment for eye perfection
P7 Resurface	T4 Extreme Retinol Treatment Crème or 20% Vitamin C Serum w/ Ferulic to resurface damaged skin and provide antioxidant protection
P8 Moisturize	T4 Dry & Damaged Wrinkle Lifting Peptide Crème

	P9 Protect	T4 SPF 30 Natural Mineral Eye & Face Moisturizer or SPF 30 Vitamin C Oil-Free Day Moisturizer
	P10 Mask	T4 Oxygen Revitalizing Mask w/Copper Peptide Complex 2-3 times weekly-Recommended-T4 15% Face-Peel w/ Glycolic, Lactic & Pyruvic one time per week

